Multiple Choice. Write the letter of correct answer.

1. When we eat drink hot soup what sense organs are used?
   a. smell and taste       c. smell, taste, touch
   b. nose and tongue      d. nose, tongue, skin

2. The layer of the skin that prevents dirt from getting into our body.
   a. subcutaneous fat      c. epidermis
   b. hair                  d. dermis

3. What is the largest organ in our body?
   a. heart                c. skin
   b. muscles              d. veins

4. What are the different parts of the skin?
   a. outer layer and inner layer
   b. epidermis and dermis
   c. sebaceous gland
   d. all of the above

5. This skin part has structures that collect information about things we touch. The structure sends messages to our brain to tell us how things feel.
   a. subcutaneous fat      c. epidermis
   b. hair                  d. dermis

6. Which of the following statements is incorrect.
   a. Epidermis is the outer layer of the skin. Dermis is the inner layer.
   b. Dermis is the outer layer of the skin. Epidermis is the outer layer.
   c. The largest organ in our body is our skin.
7. What is the most sensitive part of our skin?
   a. palm and lips   c. lips and tongue
   b. lips and forehead   d. fingertips and lips

8. This part of the skin keeps our body warm and absorbs the shocks our body receives.
   a. subcutaneous fat   c. epidermis
   b. hair   d. dermis

List down 3 ways you can take care of your skin.

1. ______________________________________________________________________

2. ______________________________________________________________________

3. ______________________________________________________________________

Write the name of the part on the line provided.

___________________________________

___________________________________

___________________________________
Answer Key:

1. C
2. C
3. D
4. D
5. B
6. B
7. A

3 Ways to protect the skin.
1. Eat food with vitamin C like broccoli, oranges, papaya. Also foods with Vitamin E like nuts.
2. Apply sunscreen when going out in the sun.
3. Clean your skin regularly by taking a bath.